



## Lemsip Max Daytime Cold & Flu Relief Capsules

### Uses

For symptomatic relief of colds and flu, including relief of aches and pains, sore throat and headaches, fatigue and drowsiness, nasal congestion and lowering of temperature.

### Dosage

16 years and over: 2 capsules every 4-6 hours. Maximum 4 doses in any 24 hours, or maximum of 3 doses in any 24 hours if a night-time paracetamol-containing product is taken before bedtime. Under 16 years: not suitable.

### Format and Ingredients

Capsule containing:  
Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg,

**Category:**  
Upper respiratory tract conditions

**Manufacturer:**  
RECKITT

**Pack size:** 16

**RRP:** £4.99

**Legal Status:** (GSL)