


# BlueIron

## Uses

Contains natural Nordic blueberry juice for flavour.

## Dosage

Adults and children 11 years and over: 10ml a day. Children 7-10 years: 5ml per day. Children 3-6 years: 2.5ml per day.

## Format and Ingredients

Liquid containing per 10ml dose:
Iron 14mg 100, Vitamin C 32mg 40, Vitamin B12 0.48µg 19, Folic Acid 80µg 40, Biotin 10µg 20, Zinc 2.3mg 23,

**Category:**
Food supplements, Food supplements

**Manufacturer:**
G R LANE HEALTH PRODUCTS LTD

**Pack size:** 250ml

**RRP:** £16.00

**Legal Status:**

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