



## Centrum Multibiotics Daily

### Uses

### Dosage

Up to two capsules per day with water, preferably with food.

### Format and Ingredients

Capsule containing:  
Vitamin D 5.0µg 100, Riboflavin 0.2mg 15, Vitamin B12 2.5µg 100, Lactic Acid Bacteria: 2 billion CFU, Lacticaseibacillus casei Lc-11®, Bifidobacterium animalis ssp. lactis HN019™, Lacticaseibacillus rhamnosus GG, Bifidobacterium animalis ssp. lactis BI-04®, Lactobacillus acidophilus NCFM®, Lactobacillus paracasei Lpc-37®, Lacticaseibacillus rhamnosus HN001™, Bifidobacterium infantis Bi-07™, Bifidobacterium animalis ssp. lactis B420™, Lactobacillus acidophilus La-14®, Lactiplantibacillus plantarum Lp-115®, Bifidobacterium infantis Bi-26™, Lacticaseibacillus rhamnosus Lr-32®, Ligilactobacillus salivarius LS-33, Lactobacillus gasseri Lg-36™, Streptococcus salivarius ssp. thermophilus St-21™, Bifidobacterium bifidum Bb-06™, Lactobacillus delbrueckii ssp. bulgaricus Lb-87™,

**Category:**  
Food supplements

**Manufacturer:**  
HALEON PLC

**Pack size:** 30

**RRP:** £17.00

**Legal Status:**