Berocca Boost Effervescent Tablets

Uses

Dosage

18 years and over: 1 tablet a day dissolved in a glass of water. Do not exceed the recommended daily dose of 1 tablet. Not suitable for pregnant or breastfeeding women. Under 18 years: not recommended.

Format and Ingredients

Per effervescent tablet:
Vitamin B1 (Thiamine) 1.4mg 127, Vitamin B2 (Riboflavin) 1.6mg 114, Niacin (Vitamin B3) 18mg NE 112, Vitamin B6 2mg 143, Folic Acid (vitamin B9) 200µg 100, Vitamin B12 1µg 40, Biotin (vitamin B7) 150µg 300, Pantothenic Acid (vitamin B5) 6mg 100, Vitamin C 60mg 75, Magnesium 100mg 27, Zinc 5mg 50, Calcium 100mg 13, Caffeine 75mg, Guarana Seeds Extract 33.3mg,

Category:
Food supplements, Food supplements

Manufacturer:
BAYER PLC

Pack size: 10, 20

RRP: £9.20, £16.40

Legal Status: ,

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