



## Centrum Vitamin D Boost

### Uses

### Dosage

### Format and Ingredients

Tablet containing:

Vitamin A 800µg RE 100, as Beta-carotene 50%, Vitamin D 30µg 600, Vitamin E 24mg  $\alpha$ -TE 200, Vitamin K 30µg 40, Vitamin C 80mg 100, Thiamine 1.7mg 150, Riboflavin 2.1mg 150, Niacin 24mg NE 150, Vitamin B6 2.1mg 150, Folic Acid 300µg 150, Vitamin B12 7.5µg 300, Biotin 75µg 150, Pantothenic Acid 9.0mg 150, Calcium 200mg 25, Phosphorus 105mg 15, Magnesium 135mg 36, Iron 2.1mg 15, Zinc 5.0mg 50, Copper 0.5mg 50, Selenium 45µg 82, Chromium 40µg 100, Molybdenum 50µg 100, Iodine 100µg 67,

**Category:**  
Food supplements

**Manufacturer:**  
HALEON PLC

**Pack size:** 30

**RRP:** £7.99

**Legal Status:**