



## Hay-band

### Uses

Works by applying pressure to the LI-11 acupressure point on either arm.

### Dosage

Adults and children over the age of 3: slide the band over the elbow so that the button faces inwards over the LI-11 acupressure point, with the bands passing either side of the elbow. Can be used on either arm. Not suitable for use during pregnancy.

### Format and Ingredients

Acupressure arm band

**Category:**  
Allergies

**Manufacturer:**  
SCD (HINCKLEY) LTD

**Pack size:** 1

**RRP:** £13.09

**Legal Status:** MD