

# Fybogel Hi-Fibre Lemon



**Category**  
Antacids and  
Gastrointestinal  
**Manufacturer**  
RECKITT  
**Pack size**  
10  
**RRP**  
£3.49  
**Legal Status**  
(GSL)



## Uses

Treatment of patients requiring a high fibre regimen: e.g. for the relief of constipation, including constipation in pregnancy and maintenance of regularity, for the management of bowel function in patients with haemorrhoids.



## Format and Ingredients

Sachet of lemon flavoured granules containing:  
  
Ispaghula Husk 3.5g,



## Dosage

Over 12 years: contents of 1 sachet stirred into a glass of water morning and evening after meals. Children 6-12 years: half to 1 level 5ml spoonful stirred into water, depending on size and age, morning and evening. Under 6 years: only when prescribed by a doctor.